

November 2021

Mid-Atlantic Regional Breakfast Menu



BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Whole Grain Cereal String Cheese Assorted Fruit Skim/1% Milk</p>	<p>2</p> <p>Banana Bread housemade Assorted Fruit Skim/1% Milk</p>	<p>3</p> <p>Whole Grain French Toast Sticks Assorted Fruit Skim/1% Milk</p>	<p>4</p> <p>Egg & Cheese Sandwich Assorted Fruit Skim/1% Milk</p>	<p>5</p> <p>Whole Grain Waffles Syrup Assorted Fruit Skim/1% Milk</p>
<p>8</p> <p>Whole Grain Cereal Yogurt Assorted Fruit Skim/1% Milk</p>	<p>9</p> <p>Blueberry Bread housemade Assorted Fruit Skim/1% Milk</p>	<p>10</p> <p>Whole Grain Muffin String Cheese Assorted Fruit Skim/1% Milk</p>	<p>11</p> <p>Sausage Biscuit Assorted Fruit Skim/1% Milk</p>	<p>12</p> <p>Whole Grain Bagel Cream Cheese Assorted Fruit Skim/1% Milk</p>
<p>15</p> <p>Whole Grain Cereal String Cheese Assorted Fruit Skim/1% Milk</p>	<p>16</p> <p>Banana Bread housemade Assorted Fruit Skim/1% Milk</p>	<p>17</p> <p>Whole Grain French Toast Sticks Assorted Fruit Skim/1% Milk</p>	<p>18</p> <p>Egg & Cheese Sandwich Assorted Fruit Skim/1% Milk</p>	<p>19</p> <p>Whole Grain Waffles Syrup Assorted Fruit Skim/1% Milk</p>
<p>22</p> <p>Whole Grain Cereal Yogurt Assorted Fruit Skim/1% Milk</p>	<p>23</p> <p>Blueberry Bread housemade Assorted Fruit Skim/1% Milk</p>	<p>24</p> <p>Whole Grain Muffin String Cheese Assorted Fruit Skim/1% Milk</p>	<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>
<p>29</p> <p>Whole Grain Cereal String Cheese Assorted Fruit Skim/1% Milk</p>	<p>30</p> <p>Banana Bread housemade Assorted Fruit Skim/1% Milk</p>			

This institution is an equal opportunity provider.

NOTE: Menu subject to change