



SEPTEMBER 2023

VEGETARIAN

Monday
AUGUST 28

Black Bean Patty
Sandwich on WG Bun
Baked Beans
Apples, Ketchup

NO SCHOOL
Labor Day
Tuesday
AUGUST 29

Vegetarian Meat Tacos
Taco Shells
Corn
Bananas, Taco Sauce

Vegetarian Patty

Hot Dog Roll
Baked Beans
Oranges, Ketchup,
Sun Chip

Wednesday
AUGUST 30

Spanish Rice
with Vegetarian Meat
Broccoli
Diced Peach Cup

Black Bean Patty

WG Roll
Corn
Bananas
Ketchup

Thursday
AUGUST 31

Vegetarian Patty
Corn Muffin
Sweet Potatoes
Pears

Vegetarian Meat

Jambalaya
Green Beans
Diced Peach Cup

Friday

SunButter & Jelly
Sandwich
Coleslaw
100% Grape Juice

Tofu and Lettuce

Sandwich
Romaine, Tomatoes
Granola Bar
100% Orange Juice

Black Bean
Patty

WG Roll
Baked Beans
Orange

Black Bean Patty

Sandwich on WG Bun
Black Beans
Apples

SunButter & Jelly

Sandwich
Coleslaw
100% Orange Juice
Granola Bar

Vegetarian Patty
Mashed Potatoes
Green Beans
WG Roll
Apples

Vegetarian Patty

On WG Bun
Potato Fries
Diced Pear Cup
Mayo, Ketchup

Vegetarian Patty

On Hot Dog Roll
Baked Beans
Apple Sauce

Vegetarian Meat

Tacos
Taco Shells
Corn
Bananas

Spanish Rice

With Vegetarian Meat
Green Beans
Bananas

Vegetable Lasagna

WG Roll
Green Beans & Carrots
Bananas

Vegetarian Meat

Spaghetti
Marinara, Carrots
Pears

Cheese

Pizza
Broccoli
Apple Sauce

Cheese

Quesadilla
Corn
Apples

SunButter & Jelly

Sandwich
Romaine, Tomatoes
100% Orange Juice

SunButter & Jelly

Sandwich
Carrot Sticks
Sun Chip
100% Grape Juice

Spanish Rice with

Vegetarian Meat
Broccoli
Diced Peach Cup

- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider