

OCTOBER 2023

VEGETARIAN

TOP SPANISH CATERING, INC

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Patty 2 On WG Bun Potato Fries Diced Pear Cup	Vegetarian Meat Tacos 3 Taco Shells Black Beans Banana	SunButter & Jelly Sandwich 4 Romaine & Tomato Salad, Granola 100% Orange Juice	Black Bean Patty 5 WG Roll Green Beans Apple Sauce	Vegetarian Meat 6 Rice Mixed Vegetables Apples
NO SCHOOL 9	Spanish Rice with Vegetarian Meat 10 Broccoli 100% Fruit Juice	Green Salad With Tofu 11 Corn Chips Banana	Vegetarian Meat Spaghetti 12 Green Beans & Corn Pears	Vegetarian Patty on Hot Dog Roll 13 Baked Beans Diced Peach Cup
Vegetarian Patty, Mashed Potato 16 Green Beans, WG Roll Apples	Vegetarian Meat Spaghetti 17 Broccoli Banana	Tofu and Vegetable Sandwich 18 Mixed Vegetable Granola, Apple Sauce	NO SCHOOL 19	NO SCHOOL 20
Vegetarian Patty 23 WG Roll Baked Beans Apple Sauce	Vegetarian Meat Tacos 24 Taco Shell Corn Banana	SunButter & Jelly Sandwich 25 Romaine Lettuce & Tomato Salad Orange	Vegetarian Meat Spaghetti 26 Green Beans Diced Pear Cup	Black Bean Patty Sandwich on WG Bun 27 Sweet Potatoes 100% Orange Juice
Vegetarian Patty on WG Bun 30 Potato Fries Apples	Spanish Rice with Vegetarian Meat 31 Black Beans Banana			

- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider