

AUGUST 2026

TOP SPANISH CATERING, INC

LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

BAGGED LUNCHES
TURKEY Ham & Cheese
Sandwich
100% Fruit Juice

BAGGED LUNCHES
Grilled Chicken &
Green Salad
100% Fruit Juice

BAGGED LUNCHES
Tuna Salad Sandwich
100% Fruit Juice

Cheeseburger
Potatoes
APPLES
Ketchup, Mayo

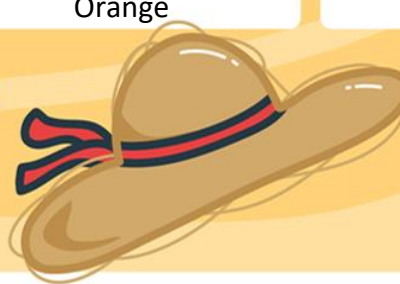
Chicken Nuggets
WG Roll
Baked Beans
PEARS
Ketchup, BBQ Sauce

Spaghetti
Marinara Sauce
Beef Meatballs
Green Beans
Orange

Chicken Teriyaki
With Stir Fry Vegetables
Brown Rice
Bananas

Turkey Ham
& Cheese Sandwich
Romaine, Tomato/Carrots
100% Apple Juice
Ranch, Mayo

Glazed Chicken
Drumstick
WG Roll
Baked Beans
Apples



- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider

AUGUST 2026 VEGETARIAN

TOP SPANISH CATERING, INC

LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

SUMMER BREAK

BAGGED LUNCHES
Cheese Sandwich
100% Fruit Juice

BAGGED LUNCHES
Grilled Tofu &
Green Salad
100% Fruit Juice

BAGGED LUNCHES
Cheese Sandwich
100% Fruit Juice

Vegetarian Patty
Hamburger Bun
Potatoes
APPLES
Ketchup, Mayo

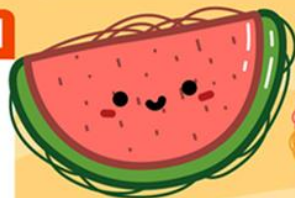
Black Bean Patty
WG Roll
Baked Beans
PEARS
Ketchup, BBQ Sauce

Vegetarian Meat
Spaghetti
Green Beans
Orange

Tofu Teriyaki
With Stir Fry Vegetables
Brown Rice
Bananas

Tofu & Vegetable
Sandwich
Romaine, Tomato/Carrots
100% Apple Juice
Ranch, Mayo

Vegetarian
Chick'N Nuggets
WG Roll
Baked Beans
Apples



- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider

Top Spanish Cafe & Catering

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 24, 2026 thru Aug 28, 2026

HS Lunch

Generated on: 8/13/2026 7:00:52 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/24/2026															
HS Lunch	Total														
Beef Patty 2.25 Oz	2.25 oz	130	35		0.00	1.00	12.0	0	0.0	0	11.0	1.0	9.0	4.00	0.50
American Cheese.	2 oz	140	30		0.00	0.00	200.0	400	0.0	0	8.0	1.8	12.0	7.00	0.00
Whole Grain Bun 2oz.	2 oz	130	0		3.00	2.00	11.0	0	0.0	2	4.0	26.0	1.5	0.00	0.00
Oven Fried potatoes	1 cup	148	0		3.81	1.47	21.8	4	35.74	*1	3.72	31.73	1.07	0.18	0.00
Apples	1 cup	116	0		5.35	0.27	13.4	120	10.26	23	0.58	30.8	0.38	0.06	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
Vegetarian Patty.	2.5 oz	140	0		3.00	1.60	30.0	0	0.0	0	16.0	6.0	7.0	1.00	0.00
KETCHUP: individual (WC)	9 grams	10	0		0.00	0.00	0.0	0	0.0	2	0.0	3.0	0.0	0.00	0.00
Mayonnaise	12.4 GRA	90	0		0.00	0.00	0.0	0	0.0	0	0.0	0.0	10.0	1.50	0.00
Weighted Daily Average		864	72	1238	12.21	4.75	533.5	1149	47.20	*41	35.38	107.41	35.17	13.44	0.49
% of Calories										*18.8%	16.4%	49.7%	36.6%	14.0%	0.5%
Nutrient Guideline		750-850												<10.00	

Tue - 08/25/2026															
HS Lunch	Total														
Chicken Nuggets	3 oz	260	30		2.00	2.00	43.0	0	0.0	0	17.0	15.0	14.0	2.50	0.00
Whole Grain Roll 2oz (BC)	2 oz	130	0		2.00	1.50	40.0	0	0.0	1	4.0	25.0	1.0	0.00	0.00
Baked Beans 1C	1 C	280	0		10.00	3.40	100.0	0	0.0	22	14.0	58.0	1.0	0.00	0.00
PEARS,FRESH	cup	101	0		5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Black Bean Patty	2.9 oz	150	0		5.00	1.30	60.0	0	0.0	2	14.0	16.0	5.0	1.00	0.00
KETCHUP: individual (WC)	9 grams	10	0		0.00	0.00	0.0	0	0.0	2	0.0	3.0	0.0	0.00	0.00
Barbecue Sauce.	1 oz	45	0		0.00	0.00	0.0	50	2.4	8	0.0	10.0	0.5	0.00	0.00
Weighted Daily Average		924	37	2171	19.59	7.20	474.4	719	11.25	62	43.57	151.14	17.78	3.25	0.00
% of Calories										27.0%	18.9%	65.4%	17.3%	3.2%	0.0%
Nutrient Guideline		750-850												<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Top Spanish Cafe & Catering

Aug 24, 2026 thru Aug 28, 2026

Base Menu Spreadsheet

HS Lunch

Portion Values - Detailed

Page 2

Generated on: 8/13/2026 7:00:52 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/26/2026															
HS Lunch	Total														
Spaghetti-8 oz	8 oz	360	0		4.22	3.02	16.2	0	0.0	*N/A*	13.15	69.99	2.11	0.39	0.00
Beef Meatballs	2.5 oz	180	30		1.00	1.40	30.0	0	0.0	1	13.0	4.0	12.0	5.00	0.00
Marinara Sauce 1/2C (F)	1/2 C	50	0		2.00	1.44	20.0	500	0.0	6	1.0	10.0	1.0	0.00	0.00
GREEN BEANS: frozen,boiled 1C	1 CUP	38	0		4.05	0.89	56.7	566	5.54	3	2.01	8.71	0.23	0.06	0.00
Orange Navel	1 Cup	75	0		3.39	0.20	66.2	380	91.01	13	1.4	19.31	0.23	0.03	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
Vegetarian Meat Spaghetti	6 oz	554	0		15.14	7.19	34.5	85	2.38	5	30.37	90.37	10.37	1.00	0.00
Weighted Daily Average		802	37	428	14.79	6.97	463.6	2064	97.79	*35	38.62	125.12	16.74	6.15	0.00
% of Calories										*17.2%	19.3%	62.4%	18.8%	6.9%	0.0%
Nutrient Guideline		750-850												<10.00	

Thu - 08/27/2026															
HS Lunch	Total														
CHICKEN STIR-FRY.	3 OZ	195	48		1.58	0.88	23.9	148	41.4	*2	16.49	6.46	10.99	2.29	*0.00
BROWN RICE 1C.	8 oz	160	0		1.88	0.68	2.5	0	0.0	0	0.0	32.9	1.41	0.00	0.00
Stir Fry Vegetables.	0.75	54	0		1.48	0.09	39.5	*78	*50.89	3	0.22	5.21	*3.41	0.46	0.00
Banana2	1 C	210	0		6.14	0.61	11.8	151	20.53	29	2.57	53.9	0.78	0.26	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
Lactose Free Milk.	8 oz	110	10		0.00	0.00	300.0	750	0.0	12	8.0	13.0	2.5	1.50	0.00
Tofu Stir-Fry Vegetables-HS	8 oz	31	0		1.17	0.36	22.5	1001	16.16	*1	1.3	3.43	1.64	0.25	*0.00
Weighted Daily Average		706	53	478	10.99	2.21	353.4	*1040	*113.01	*45	26.71	110.11	*17.47	3.71	*0.00
% of Calories										*25.7%	15.1%	62.4%	*22.3%	4.7%	*0.0%
Nutrient Guideline		750-850												<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Top Spanish Cafe & Catering

Base Menu Spreadsheet

Portion Values - Detailed

Aug 24, 2026 thru Aug 28, 2026

HS Lunch

Generated on: 8/13/2026 7:00:52 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/28/2026															
HS Lunch	Total														
Turkey Ham 3oz (JO).	3.01 oz	110	55		0.00	0.70	0.0	0	0.0	0	14.0	1.0	5.0	1.50	0.00
Whole Grain Bun 2oz.	2 oz	130	0		3.00	2.00	11.0	0	0.0	2	4.0	26.0	1.5	0.00	0.00
Romaine Lettuce K-5.*	1 C	8	0		0.99	0.46	15.5	4094	1.88	1	0.58	1.55	0.14	0.02	0.00
tomatoes salad 9-12	1 cup	32	0		2.16	0.49	18.0	1499	24.66	5	1.58	7.0	0.36	0.05	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
100% Apple Juice (Ardmore)	1 C	120	0		0.00	0.00	0.0	0	0.0	26	0.0	28.0	0.0	0.00	0.00
Tofu and Vegetable Sandwich	2.2 oz	59	0		0.73	1.06	44.0	0	0.0	0	6.6	2.2	2.93	0.37	0.00
Ranch Dressing.	12Grams	10	0		0.00	0.00	20.0	0	0.0	1	0.0	3.0	0.0	0.00	0.00
Lactose Free Milk.	8 oz	110	10		0.00	0.00	300.0	750	0.0	12	8.0	13.0	2.5	1.50	0.00
Mayonnaise	12.4 GRA	90	0		0.00	0.00	0.0	0	0.0	0	0.0	0.0	10.0	1.50	0.00
Weighted Daily Average		599	62	1083	6.11	3.61	345.1	6231	27.74	46	28.11	79.35	18.23	3.82	0.00
% of Calories										31.0%	18.8%	53.0%	27.4%	5.7%	0.0%
Nutrient Guideline		750-850												<10.00	

Weighted Average		779	52		12.74	4.95	434.0	*2241	*59.40	*46	34.48	114.62	*21.08	6.07	*0.10
										*53.0%	17.7%	58.9%	*24.3%	7.0%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	779		750 - 850	100%				
Cholesterol (mg)	52							
Sodium 1a (mg)	1080		1280	84%				
Fiber (g)	12.74							
Iron (mg)	4.95							
Calcium (mg)	434.0							
Vitamin A (IU)	2241				Missing			
Sugars (g)	46	23.56%			Missing			
Vitamin C (mg)	59.40				Missing			
Protein (g)	34.48	17.70%						
Carbohydrate (g)	114.62	58.85%						
Total Fat (g)	21.08	24.35%			Missing			
Saturated Fat (g)	6.07	7.02%	<10.00%					
Trans Fat ¹ (g)	0.10	0.11%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Top Spanish Cafe & Catering

Aug 31, 2026 thru Sep 4, 2026

Base Menu Spreadsheet

HS Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/31/2026															
HS Lunch	Total														
Baked Glazed Chicken Drumstick	3.2 oz	150	90		0.00	0.60	0.0	0	0.0	1	17.0	2.0	8.0	2.00	0.00
Whole Grain Roll 2oz (BC)	2 oz	130	0		2.00	1.50	40.0	0	0.0	1	4.0	25.0	1.0	0.00	0.00
Baked Beans. (F) 1C	1 C	122	0		6.98	1.88	34.9	0	0.0	10	5.23	26.17	0.0	0.00	0.00
Apples	1 cup	116	0		5.35	0.27	13.4	120	10.26	23	0.58	30.8	0.38	0.06	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Lactose Free Milk.	8 oz	110	10		0.00	0.00	300.0	750	0.0	12	8.0	13.0	2.5	1.50	0.00
Vegetarian Chick'N Nuggets	3oz (4piece)	170	0		3.00	2.20	40.0	0	0.0	2	12.0	18.0	8.0	1.00	0.00
Gluten Free Bread	2 oz	140	0		4.00	0.48	0.0	0	0.0	2	2.0	26.0	3.33	1.67	0.00
Barbecue Sauce.	1 oz	45	0		0.00	0.00	0.0	50	2.4	8	0.0	10.0	0.5	0.00	0.00
Weighted Daily Average		664	94	1366	14.44	4.31	364.7	795	13.86	56	34.63	107.54	11.13	2.78	0.00
% of Calories										33.5%	20.9%	64.8%	15.1%	3.8%	0.0%
Nutrient Guideline		750-850												<10.00	

Tue - 09/01/2026															
HS Lunch	Total														
WG Chicken Egg Roll HS	6 oz	320	60		6.00	3.60	80.0	800	9.6	4	18.0	40.0	10.0	3.00	0.00
BROWN RICE 1C.	8 oz	160	0		1.88	0.68	2.5	0	0.0	0	0.0	32.9	1.41	0.00	0.00
BROCCOLI: fresh, boiled HS	1 CUP	55	0		5.15	1.05	62.4	2415	101.24	2	3.71	11.2	0.64	0.12	0.00
Banana2	1 C	210	0		6.14	0.61	11.8	151	20.53	29	2.57	53.9	0.78	0.26	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
SPANISH RICE With VG Meat HS	10 Oz	318	0		9.25	2.97	49.9	412	12.82	*2	14.8	59.97	2.89	0.26	*0.00
Lactose Free Milk.	8 oz	110	10		0.00	0.00	300.0	750	0.0	12	8.0	13.0	2.5	1.50	0.00
Granola.	1.78 oz	180	0		2.00	1.00	220.0	0	0.0	12	4.0	38.0	3.0	0.00	0.00
Weighted Daily Average		1024	67	1087	21.19	6.91	656.1	3997	132.63	*59	36.36	189.00	16.98	4.12	*0.00
% of Calories										*23.1%	14.2%	73.9%	14.9%	3.6%	*0.0%
Nutrient Guideline		750-850												<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Top Spanish Cafe & Catering

Aug 31, 2026 thru Sep 4, 2026

Base Menu Spreadsheet

HS Lunch

Portion Values - Detailed

Page 2

Generated on: 8/14/2026 9:18:32 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/02/2026															
HS Lunch	Total														
Mac&Cheese with Chicken.HS	7 oz	433	58		4.62	1.26	379.3	*493	*1.0	9	25.94	51.3	13.78	7.20	0.00
CORN: frozen, yellow	1 CUP	134	0		3.96	0.78	5.0	328	5.78	5	4.21	31.85	1.11	0.17	0.00
PEARS,FRESH	1 cup	101	0		5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
Macaroni and CheeseHS	12 oz	580	60		4.00	2.16	840.0	1600	0.0	12	34.0	62.0	22.0	12.00	0.00
Weighted Daily Average		770	66	965	14.09	2.38	683.2	*1510	*15.61	43	38.92	123.44	16.52	8.25	0.00
% of Calories										22.5%	20.2%	64.1%	19.3%	9.6%	0.0%
Nutrient Guideline		750-850												<10.00	

Thu - 09/03/2026															
HS Lunch	Total														
Turkey Breast HS	3 oz	110	45		0.00	0.36	0.0	0	0.0	0	17.0	0.0	4.5	1.50	0.00
Whole Grain Bun 2oz.	2 oz	130	0		3.00	2.00	11.0	0	0.0	2	4.0	26.0	1.5	0.00	0.00
100% Grape Juice 8oz	8 oz	160	0		0.00	0.00	40.0	0	0.0	36	0.0	36.0	0.0	0.00	0.00
Creamy Cole Slaw HS.	1 cup	132	12		3.99	1.20	76.0	4020	44.4	0	2.39	18.07	6.51	1.03	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00
Tofu and Vegetable Sandwich	2.2 oz	59	0		0.73	1.06	44.0	0	0.0	0	6.6	2.2	2.93	0.37	0.00
Lactose Free Milk.	8 oz	110	10		0.00	0.00	300.0	750	0.0	12	8.0	13.0	2.5	1.50	0.00
American Cheese.	2 oz	140	30		0.00	0.00	200.0	400	0.0	0	8.0	1.8	12.0	7.00	0.00
Mayonnaise	12.4 GRA	90	0		0.00	0.00	0.0	0	0.0	0	0.0	0.0	10.0	1.50	0.00
Weighted Daily Average		768	93	1524	6.94	3.52	602.8	5045	45.60	50	39.03	94.27	25.74	10.26	0.00
% of Calories										26.0%	20.3%	49.1%	30.2%	12.0%	0.0%
Nutrient Guideline		750-850												<10.00	

Fri - 09/04/2026															
HS Lunch	Total														
Pizza Cheese K-5.	1 Slices	402	40		2.00	2.58	450.9	750	21.0	12	21.17	42.05	18.65	6.57	0.00
CARROT STICKS HS	1 CUP	50	0		3.42	0.37	40.3	20381	7.2	6	1.13	11.69	0.29	0.04	0.00
Orange Navel	1 Cup	75	0		3.39	0.20	66.2	380	91.01	13	1.4	19.31	0.23	0.03	0.00
MILK, 1%, Unflavored.	8 oz	110	10		0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK, Skim, Unflavored.	8 oz	90	5		0.00	0.00	250.0	750	0.0	12	8.0	13.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Top Spanish Cafe & Catering

Aug 31, 2026 thru Sep 4, 2026

Base Menu Spreadsheet

HS Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		622	48	1453	8.80	3.15	817.2	22103	120.34	42	31.27	85.33	20.35	7.34	0.00
% of Calories										27.2%	20.1%	54.9%	29.4%	10.6%	0.0%
Nutrient Guideline		750-850												<10.00	

Weighted Average		770	74		13.09	4.05	624.8	*6690	*65.61	*50 *58.6%	36.05 18.7%	119.92 62.3%	18.14 21.2%	6.55 7.7%	*0.00 *0.0%
------------------	--	-----	----	--	-------	------	-------	-------	--------	---------------	----------------	-----------------	----------------	--------------	----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	770		750 - 850	100%				
Cholesterol (mg)	74							
Sodium 1a (mg)	1279		1280	100%				
Fiber (g)	13.09							
Iron (mg)	4.05							
Calcium (mg)	624.8							
Vitamin A (IU)	6690							
Sugars (g)	50	26.02%			Missing			
Vitamin C (mg)	65.61				Missing			
Protein (g)	36.05	18.74%			Missing			
Carbohydrate (g)	119.92	62.33%						
Total Fat (g)	18.14	21.22%						
Saturated Fat (g)	6.55	7.66%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.